

LIST OF KOSHER PRODUCTS

THAT CAN BE FOUND
AT LOCAL SUPERMARKETS
IN GREECE BY



Many more kosher products
are imported and available exclusively
at **e-kosher.gr**
and the physical store
in the Chabad House of Athens

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05

GROCERY

Oil. Eggs. Tahini. Rice. Couscous. Pasta. Flour. Baking Powder. Baking Soda. Vanilla Sugar. Cacao. Honey. Salt. Sugar. Sesame.

06

REFRIGERATED GOODS

Milk. Butter. Ice Cream. Hummus. Smoked Salmon.

07

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Ketchup. Mustard. Mayonnaise. Soy Sauce. BBQ Sauce. Meat Marinade. Maple Syrup. Salad Cream. Lemon Jam.

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Beer. Gin. Liquor. Ouzo. Rum. Tequila. Tsipouro. Vodka. Whisky.

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MISC.

Baby formula.

A few VERY IMPORTANT rules before we start:

KASHRUT

- This list is informational. The Kashrut of each product is under the responsibility of the rabbinical authority that certifies/approves it. Not all the products listed here are on a *Mehadrin* level.
- If the list mentions that the product has to bear a kosher symbol or a specific production code/country of origin etc., this condition **must** be fulfilled for the product to be kosher.
- If a specific product is referenced as kosher, it does not mean that a different product of the same company is kosher as well.
- If a product is kosher abroad, it does not mean that it is kosher in Greece as well. Products may be produced in different factories with different first ingredients. (Example: Pringles not bearing a kosher symbol are not kosher. Ice cream with a design similar to Strauss in Israel is not kosher).
- In general, it is better to consume certified products, that are made under rabbinical supervision, than simply approved products.
- The mention "Approved" indicates that the product is Kosher according to general Kosher guidelines and other Kosher lists reviewed by Rabbi Mendel Hendel of Chabad of Athens.
- The mention "Checked and approved" indicates that the specific product was checked by Rabbi Mendel Hendel of Chabad of Athens or Rabbi Natan Hendel of Chabad of Athens' Suburbs.
- Make sure to use the updated kosher list. Check chabad.gr for updates.
- Products in this list are kosher for all year round and NOT for Passover.

HOW TO UNDERSTAND THE LIST



A few VERY IMPORTANT rules before we start:

PRACTICAL

- There are chains of super-markets that carry more imported products, therefore have more chances of carrying kosher products (with kosher symbols or approved by other rabbinates). Such chains are AB, Sklavenitis, Bazaar, My Market.
- A big store will have a wider variety of products than a small one, raising the possibility of finding kosher products. Please note that big chains also have smaller stores that don't carry all the variety of products they offer in their big stores.
- Supermarkets in the islands and in small remote places in Greece usually have a smaller variety of products.
- It might be practical to order online from a supermarket chain, as a large selection of products is available. (Make sure they ship to your location).
- Bio / Vegan sections in supermarkets and bio shops carry more imported products, therefore have a higher chance of carrying Kosher products (with Kosher symbols) that cannot be found in regular supermarkets.
- Many more kosher products are available at e-kosher.gr. Orders should be placed at least 3-5 days in advance and could be shipped to most locations in Greece. There's a physical store too, located at the Chabad House of Athens.
- A kosher catering service is available, shipping to most locations in Greece. Orders must be placed at least 3-5 days in advance through the website e-kosher.gr.

Locals? Please subscribe for regular updates at KosherList@chabad.gr.
Found a kosher product not mentioned in the list? Have a question?
Spotted an error? Please contact us at KosherList@chabad.gr

כמה כללים חשובים מאוד לפני שנתחיל:

כשרות

- רשימה זו היא אינפורמטיבית. הכשרות של כל מוצר היא באחריות הגוף הרבני המשגיח/מאשר אותו. לא כל המוצרים המופיעים כאן הם ברמת המהדרין.
- אם ברשימה מצוין כי על המוצר לשאת סמל כשרות או קוד ייצור ספציפי/מדינת ייצור מסוימת או כל תנאי אחר, תנאי זה חייב להתמלא על מנת שהמוצר יהיה כשר.
- אם מוצר ספציפי מוגדר כ-כשר, אין זה אומר שגם מוצר אחר של אותה חברה כשר.
- אם מוצר כשר במדינה אחרת, זה לא אומר שהוא כשר גם ביוון. חברות בינלאומיות רבות מייצרות את אותם המוצרים במפעלים שונים עם חומרי גלם שונים. (לדוגמה: Pringles שאינם נושאים סמל כשרות אינם כשרים. גלידה בעיצוב הדומה לשטראוס בישראל אינה כשרה).
- באופן כללי, עדיף לצרוך מוצרים מפוקחים, המיוצרים תחת השגחה של גוף כשרות, מאשר מוצרים שהם רק מאושרים.
- הכותרת "Approved" מציינת שהמוצר כשר על פי הנחיות כשרות כלליות ורשימות כשרות אחרות שנבדקו על ידי הרב מנדל הנדל, שליח חב"ד באתונה.
- הכותרת "Checked and approved" מצביעה על כך שהמוצר הספציפי נבדק על ידי הרב מנדל הנדל, שליח חב"ד באתונה או הרב נתן הנדל, שליח חב"ד בפרברי אתונה.
- הקפידו להשתמש ברשימת הכשרות המעודכנת. בדקו באתר chabad.gr אם ישנם עדכונים.
- המוצרים ברשימה זו כשרים לכל ימות השנה ולא לפסח.

מקראה - מוצר לדוגמה

אזהרה - אין לקנות מוצרים בלי לקרוא את כל ההסבר אודות המוצר! 

הסיכוי למצוא את המוצר

-  חנויות מסוימות
-  חנויות רבות
-  רוב החנויות

גוף הכשרות המאשר

שם המוצר

שם המותג.

אם רשום VARIOUS BRANDS זה אומר שלא צריך מותג מסוים, כל עוד שאר הדרישות מתמלאות.



CERTIFIED - KLBD 

SOY SAUCE SWEET
KIKKOMAN
Made in Netherlands
Parve

הסיכוי למצוא את המוצר, דירוג 1-3 כוכבים

דרישות כשרות. בדוגמה - ארץ ייצור ספציפית

סטטוס כשרות

כמה כללים חשובים מאוד לפני שנתחיל:

פרקטי

- ישנן רשתות של סופרמרקטים שמשווקות יותר מוצרים מיובאים, ולכן יש סיכוי גבוה יותר למצוא בהן מוצרים כשרים (עם סמלי כשרות או מאושרים על ידי גופי כשרות אחרים). רשתות כאלה הן AB, Sklavenitis, Bazaar, My Market.
- בחנויות גדולות יש מגוון רחב יותר של מוצרים מאשר בחנויות קטנות, מה שמעלה את הסיכוי למצוא בהן מוצרים כשרים. שימו לב שלרשתות הגדולות יש גם סניפים קטנים יותר שלא מחזיקים את כל מגוון המוצרים שהן מציעות בסניפים הגדולים שלהן.
- בסופרמרקטים באיים ובמקומות מרוחקים וקטנים ביוון יש בדרך כלל מגוון קטן יותר של מוצרים.
- יתכן שיהיה פרקטי להזמין באינטרנט מאחת מרשתות הסופרמרקטים, מכיוון שקיים מבחר גדול של מוצרים. (כמובן תוודאו שהם שולחים למיקום שלכם).
- במחלקות המוצרים האורגניים (BIO) / טבעוניים בסופרמרקטים ובחנויות טבע ישנם מוצרים מיובאים רבים, לכן יש סיכוי גבוה יותר למצוא בהן מוצרים כשרים (עם סמל כשרות) שלא ניתן למצוא בסופרמרקטים רגילים.
- מוצרים כשרים רבים נוספים ניתן להזמין באתר e-kosher.gr. ההזמנות צריכות להתבצע לפחות 3-5 ימים מראש ויכולות להישלח לרוב חלקי יון. יש גם חנות פיזית הממוקמת בבית חב"ד אתונה.
- קייטרינג כשר ניתן להזמין דרך האתר e-kosher.gr. ההזמנות צריכות להתבצע לפחות 3-5 ימים מראש ויכולות להישלח לרוב חלקי יון.

מקומיים? מוזמנים להירשם לקבלת עדכונים באימייל KosherList@chabad.gr
מצאתם מוצר כשר שלא מוזכר ברשימה? יש לכם שאלה? זיהיתם שגיאה?
אנא צרו איתנו קשר בכתובת KosherList@chabad.gr



APPROVED ★★★

EXTRA VIRGIN OLIVE OIL

VARIOUS BRANDS

Extra virgin / εξαιρετικό παρθένο
Parve



CHECKED AND APPROVED ★

SUNFLOWER OIL

MARATA

Found at Sklavenitis stores
Parve



APPROVED ★★★

EGGS

PREFERABLY WHITE-SHELLED EGGS

Check for blood spots
Parve



CHECKED AND APPROVED ★★★

TAHINI

ΜΑΚΕΔΟΝΙΚΟ TAXINI

Regular, no additives
Parve



APPROVED ★★★

RICE

VARIOUS BRANDS

Without additives
Check for bugs
Parve



CERTIFIED ★★★

COUSCOUS (REGULAR / BIO) *

TIPIAK

Kosher symbol
Parve



APPROVED ★★★

PASTA

BARILLA

Without eggs, no additives, not colored
Parve



CHECKED AND APPROVED ★★★

PASTA

MELISSA

Regular, no additives, not colored
Parve



APPROVED ★★★

FLOUR - SIMPLE / SELF RISING

VARIOUS BRANDS

Has to be sifted
Parve



APPROVED ★★★

BAKING SODA

VARIOUS BRANDS

Parve



APPROVED ★★★

BAKING POWDER

VARIOUS BRANDS

Parve



APPROVED ★★★

VANILLA SUGAR

VARIOUS BRANDS

Parve



APPROVED ★★★

CACAO

VARIOUS BRANDS

100% cacao, no additives
Parve



APPROVED ★★★

HONEY

VARIOUS BRANDS

100% honey from flower or herbs / μέλι
ανθέων (not pine or forest honey)
Parve



APPROVED ★★★

SALT / SUGAR

VARIOUS BRANDS

Parve



APPROVED ★★★

SESAME SEEDS

VARIOUS BRANDS

Parve



APPROVED ★★★

PURE MILK

VARIOUS BRANDS
No additives, not enriched
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER UNSALTED
LURPAK

Factory symbol
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER UNSALTED LIGHT
LURPAK

Factory symbol
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER SPREADABLE UNSALTED
LURPAK

Factory symbol
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER SPREADABLE UNSALTED LIGHT
LURPAK

Factory symbol
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER SPREADABLE SALTED
LURPAK

Factory symbol
Dairy - Chalav Nochri



CERTIFIED - OK ★★★

BUTTER SPREADABLE OLIVE OIL
LURPAK

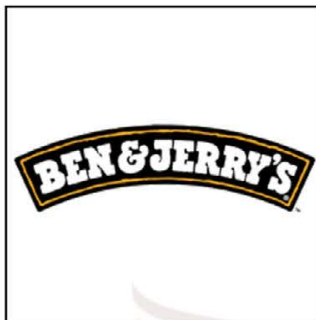
Factory symbol
Dairy - Chalav Nochri



CERTIFIED ★★★

ICE CREAM
HAAGEN DAZS

Kosher symbol
Dairy - Chalav Nochri



CERTIFIED ★★★

ICE CREAM
BEN & JERRY'S

Kosher symbol
Dairy - Chalav Nochri



CHECK AND APPROVED ★★★

HUMMUS ORIGINAL
IFANTIS

Parve
Not Bishul Israel



CHECK AND APPROVED ★★★

LEMON HUMMUS
IFANTIS

Parve
Not Bishul Israel



APPROVED ★★★

SMOKED SALMON
VARIOUS BRANDS

Made in Scotland / Norway :
Σκοτία / Νορβηγία
Parve



CERTIFIED ★★★

SCOTCH CHOICE
ST.JAMES

Kosher Symbol
Parve



CERTIFIED ★★★

SCOTCH CHOICE BIO
ST.JAMES

Kosher Symbol
Parve





CERTIFIED - MK



KETCHUP

HEINZ
Code on cap includes: TK1, TK2, TK3, TK4 or TK5
Parve



CERTIFIED



MUSTARD

FRENCH'S
Kosher symbol
Parve



CERTIFIED



SERIOUSLY GOOD MAYONNAISE

HEINZ
Kosher symbol
Parve



CERTIFIED



SERIOUSLY GOOD MAYONNAISE LIGHT

HEINZ
Kosher symbol
Parve



CERTIFIED - KLBD



SOY SAUCE

KIKKOMAN
Made in Netherlands or Singapore
Parve



CERTIFIED - KLBD



SOY SAUCE - LESS SALT

KIKKOMAN
Made in Netherlands
Parve



CERTIFIED - KLBD



SOY SAUCE SWEET

KIKKOMAN
Made in Netherlands
Parve



CERTIFIED - KLBD



SOY SAUCE TAMARI GLUTEN FREE

KIKKOMAN
Made in Netherlands or Singapore
Parve



CERTIFIED



CLASSIC BBQ

HEINZ
Kosher Symbol
Parve



CERTIFIED

CHICKEN MARINADE

STUBB'S
Kosher Symbol
Parve



CERTIFIED

BEEF MARINADE

STUBB'S
Kosher Symbol
Parve



CERTIFIED

PORK MARINADE

STUBB'S
Kosher Symbol
Parve



CERTIFIED



MAPLE SYRUP *

VERMONT
Kosher symbol
Parve



CERTIFIED



SALAD CREAM

HEINZ
Kosher Symbol
Parve



CERTIFIED



LEMON CURD

TIPTREE
Kosher symbol
Dairy - Chalav Nochri





CERTIFIED - SHOMRE HADAS ANTWERP

ALMOND DRINK:

Roasted / Roasted Unsweetened
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

ALMOND DRINK:

Unroasted Unsweetened / Vanilla
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

ALMOND DRINK:

Barista
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DRINK:

Regular / Chocolate
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DRINK:

Unsweetened / Vanilla
ALPRO

Made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DRINK:

High Protein Plain
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DRINK:

High Protein Chocolate Flavor
ALPRO

Batch code* begins with 2 letters or
made in France
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

OAT DRINK

ALPRO

Batch code* begins with 2 letters
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

OAT DRINK:

No Sugars / Barista
ALPRO

Batch code* begins with 2 letters
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

OAT & ALMOND DRINK

ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

COCONUT DRINK:

No Sugars / Chocolate
ALPRO

Batch code* begins with 2 letters
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

COCONUT DRINK:

With Rice
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA PRODUCT

For Cooking
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DESSERT:

Chocolate / Caramel
ALPRO

Batch code* begins with 2 letters
Parve



CERTIFIED - SHOMRE HADAS ANTWERP

SOYA DESSERT:

Vanilla flavor
ALPRO

Batch code* begins with 2 letters or
made in Belgium
Parve



NOT AUTHORIZED

DARK CHOCOLATE ALMOND DRINK

ALPRO



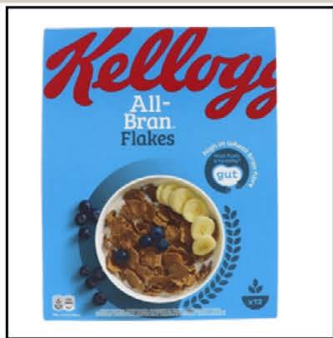
CERTIFIED



CORN FLAKES

KELLOGGS

Kosher symbol
Parve



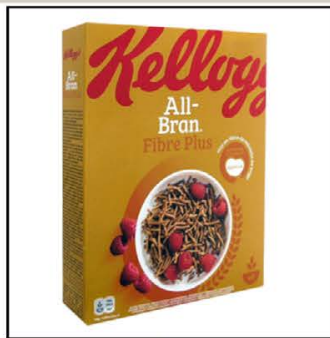
CERTIFIED



ALL BRAN FLAKES

KELLOGGS

Kosher symbol
Parve



CERTIFIED



ALL BRAN FIBRE PLUS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



CRUNCHY NUT

KELLOGGS

Kosher symbol
Parve



CERTIFIED



COCO POPS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



COCO POPS CHOCOS / JUMBOS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



COCO POPS JUMBOS /HAZELNUT

KELLOGGS

Kosher symbol
Parve



CERTIFIED



SMACKS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



FROSTIES

KELLOGGS

Kosher symbol
Parve



CERTIFIED



MIEL POPS LOOPS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



SPECIAL K

KELLOGGS

Kosher symbol
Parve



CERTIFIED



SPECIAL K - RED FRUITS

KELLOGGS

Kosher symbol
Parve



CERTIFIED



SPECIAL K - D. CHOCOLATE

KELLOGGS

Kosher symbol
Dairy - Chalav Nochri



CERTIFIED - KLBD



WEETABIX ORIGINAL

WEETABIX

No logo on package
Parve



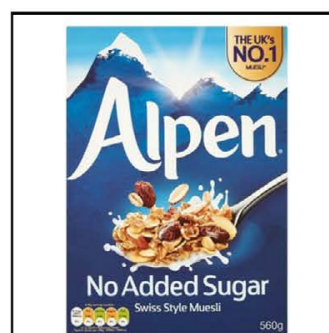
CERTIFIED - KLBD



PROTEIN CRUNCH

Original / Chocolate
WEETABIX

No logo on package
Parve



CERTIFIED - KLBD



NO ADDED SUGAR

ALPEN

No logo on package
Dairy - Chalav Nochri



APPROVED



OAT FLAKES

VARIOUS BRANDS

Without added flavors

Parve



CERTIFIED



EXTRA ORIGINAL

KELLOGGS

Kosher symbol

Parve



CERTIFIED



EXTRA FRUIT & NUT

KELLOGGS

Kosher symbol

Parve



CERTIFIED



EXTRA RED BERRIES

KELLOGGS

Kosher symbol

Parve



CERTIFIED



EXTRA MILK CHOCOLATE

KELLOGGS

Kosher symbol

Dairy - Chalav Nochri



CHECKED AND APPROVED



CAPRICE - REGULAR

PAPADOPOULOU

Dairy - Chalav Nochri,

Pat Akum



CERTIFIED



PURE BUTTER SHORTBREAD

WALKERS

Kosher symbol

Dairy - Chalav Nochri

Pat Akum



NOT AUTHORIZED

BREAD

NOT AUTHORIZED

Usually baked in the same trays/ oven as non-kosher pastries (with sausage/cheese etc.)



APPROVED - KLBD



DAIRY MILK

CADBURRYS

No logo on package
Dairy - Chalav Nochri



APPROVED - KLBD



DAIRY MILK FRUIT & NUT

CADBURRYS

No logo on package
Dairy - Chalav Nochri



APPROVED - KLBD



DAIRY MILK WHOLENUT/CARAMEL

CADBURRYS

No logo on package
Dairy - Chalav Nochri



CERTIFIED

VEGGIE STRAWS*

Kale, Tomato & Spinach

EAT REAL**

Kosher Symbol
Parve



CERTIFIED



HUMMUS CHIPS*

Sea Salt / Tomato & Basil

EAT REAL**

Kosher Symbol
Parve



CERTIFIED



LENTIL CHIPS*

Tomato & Basil / Mango & Mint

EAT REAL**

Kosher Symbol
Parve



CERTIFIED



LENTIL CHIPS*

Chili & Lemon / Salted

EAT REAL**

Kosher Symbol
Parve



CERTIFIED



QUINOA CHIPS*

Sour Cream & Chives

EAT REAL**

Kosher Symbol
Parve



CERTIFIED



BRAZIL NUT*

TASTE OF NATURE**

Kosher Symbol
Parve



CERTIFIED



CRANBERRY*

TASTE OF NATURE**

Kosher Symbol
Parve



CERTIFIED



SPECIAL K - DARK CHOCOLATE

KELLOGGS

Kosher Symbol
Dairy - Chalav Nochri



CERTIFIED



SPECIAL K - MILK CHOCOLATE

KELLOGGS

Kosher Symbol
Dairy - Chalav Nochri



*More flavors available -
Check for the kosher symbol!
**Might be found in the bio section



APPROVED



FRESH FRUIT

ALL

If from Israel, see note*

Check for bugs

Parve



APPROVED



DRIED DATES

VARIOUS BRANDS

If from Israel, see note*

Check for bugs

Parve



APPROVED



DRIED PRUNES

VARIOUS BRANDS

Might be Chametz

Check for bugs

Parve



APPROVED



DRIED APRICOTS / FIGS

VARIOUS BRANDS

Check for bugs

Parve



APPROVED



RAW NUTS

VARIOUS BRANDS

Raw only / ωμά

Check for bugs

Parve



APPROVED



FRESH VEGETABLES

ALL

If from Israel, see note*

Check for bugs

Parve



APPROVED



GREEN LEAVES

ALL THAT COULD BE CHECKED

Rinse with soap and check

for bugs

Parve

HOW TO CHECK FOR BUGS

SEE USEFUL ONLINE GUIDES:

- star-k.org/checking
- okkosher.org/consumers/vegetable-guide/
- okkosher.org/consumers/your-kosher-kitchen/ok-vegetable-food-checking-guide
- kosher.org.uk/article/klbd-bug-checking-guide



APPROVED



DRY LEGUMES

ALL

Check for bugs

Parve



APPROVED



FROZEN OKRA

VARIOUS BRANDS

Parve



APPROVED



FROZEN ARTICHOKE BOTTOMS

VARIOUS BRANDS

Parve



APPROVED



FROZEN CARROTS

VARIOUS BRANDS

Parve



APPROVED



FROZEN GREEN PEAS

VARIOUS BRANDS

Parve



APPROVED



FROZEN GREEN BEANS

VARIOUS BRANDS

Parve



APPROVED



FROZEN CORN

VARIOUS BRANDS

Parve



NOT AUTHORIZED



OLIVES

Requires certification. Often non-kosher wine vinegar is added to the brine.



Fresh and frozen kosher species of fish, either whole or filleted,

are permitted **provided that some skin (bearing easily detachable scales) is attached.**

[The only exception is Salmon, which can be bought even without attached skin, because of its unique color.]

All minced fish, fish fingers and other products containing fish require Rabbinical supervision.

Please find attached a list of kosher fish that are common in Greece and their Greek names.

ENGLISH NAME	GREEK NAME ENGLISH CHARACTERS	GREEK NAME GREEK CHARACTERS
Anchovy	Gavros	Γαύρος
Bogue	Gopa	Γόπα
Carp	Kiprinos	Κυπρίνος
Common dentex	Sinagrida	Συναγρίδα
Grey mullet	Kefalos	Κέφαλος
Herring	Renga	Ρέγγα
Pandora	Lithrini	Λιθρίνι
Perch	Perka	Πέρκα
Picarel	Marida	Μαρίδα
Red mullet	Barbuni	Μπαρμπούνι
Salmon	Solomos	Σολωμός
Sardines	Sardela	Σαρδέλα
Sea bass	Lavraki	Λαυράκι
Sea Bream	Tsipoura	Τσιπούρα
Sole	Glossa	Γλώσσα
Trout	Pestrofa	Πέστροφα
Tuna	Tonos	Τόνος
White grouper	Sfirida	Σφυρίδα

In general, spices can be bought without Kosher certification if they are
(1) 100% Natural (2) Don't include oil (3) Are not a mix of spices.

Please find attached a list of spices that do not need Kosher certification in Greece, and their Greek name.

Key words in Greek: ground - τριμμένο, powder - σκόνη, dried - αποξηραμένο.

ENGLISH NAME	GREEK NAME
BASIL	Βασιλικός
BAY LEAVES	Φύλα Δάφνης
CHIOS GUM MASTIC: Natural only (not products that were made from it)	Μαστίχα Χίου
CINNAMON: STICKS / GROUND	Κανέλα
CLOVES: WHOLE / GROUND	Γαρύφαλλο
COLIANDER: DRIED / GROUND	Κόλιανδρο
CUMIN	Κύμινο
DILL	Άνιθος
GARLIC: GROUND (Not powder)	Σκόρδο
GINGER: GROUND / POWDER	Τζιτζερ
HOT PAPRIKA CRUSHED	Μπούκοβο Καυτερό
NUTMEG	Μοσχοκάρυδο

ENGLISH NAME	GREEK NAME
OREGANO	Ρίγανη
PARSLEY	Μαϊντανος
PEPPER: BLACK	Πιπέρι
PEPPER: WHITE	Πιπέρι Λευκό
PIMENT	Μπαχάρι
ROSEMARY	Δεντρολίβανο
SPEARMINT	Δυόσμος
TARRAGON	Εστραγκόν
THYME	Θυμάρι
TURMERIC	Κουρκουμάς



APPROVED ☆☆☆

WATER

ALL

Parve



APPROVED ☆☆☆

ORANGE JUICE

DIFFENT BRANDS

100% fruit, check ingredients
Parve



APPROVED ☆☆☆

POMEGRANATE JUICE

DIFFENT BRANDS

100% fruit, check ingredients
Parve

FRUIT JUICE GUIDELINES:

- 100% FRUIT
- NO GRAPES
- NO NEKTAR OR ΦΡΟΥΤΟΠΟΤΟ
- NO MIX OF FRUITS
- NO TRACES OF MILK



APPROVED ☆☆☆

APPLE JUICE

DIFFENT BRANDS

100% fruit, check ingredients
Parve



APPROVED ☆☆☆

GRAPEFRUIT JUICE

DIFFENT BRANDS

100% fruit, check ingredients
Parve



APPROVED ☆☆☆

ANANAS JUICE

DIFFENT BRANDS

100% fruit, check ingredients
Parve



CERTIFIED ☆☆☆

GREEN TEA

Pomegranate / With honey
ARIZONA

Kosher symbol (U)
Parve



CERTIFIED ☆☆☆

ICED TEA

Peach / Lemon flavor
ARIZONA

Kosher symbol (U)
Parve



CERTIFIED ☆☆☆

WHITE / GREEN TEA

Blueberry / Zero Sugar
ARIZONA

Kosher symbol (U)
Parve



APPROVED ☆☆☆

COFFEE

VARIOUS BRANDS

100% without added flavors
Parve



CERTIFIED - KLBD ☆☆☆

DRINKING CHOCOLATE

CADBURRYS

No logo on package
Parve



CERTIFIED ★

TEA - VARIOUS FLAVORS

PUKKA

Kosher symbol (U)
Parve



CERTIFIED ★

TEA - VARIOUS FLAVORS

DILMAH

Kosher symbol (U)
Parve



CERTIFIED ★

TEA - VARIOUS FLAVORS

CELESTIAL

Kosher symbol (U)
Parve



APPROVED - KLBD



COCA COLA
Regular / Light

Parve



APPROVED - KLBD



COCA COLA ZERO
Regular / No Caffeine

Parve



APPROVED - KLBD



PEPSI BLUE
Regular

Parve



APPROVED - KLBD



PEPSI MAX
Zero Sugar

Parve



APPROVED - KLBD



PEPSI LIME
Zero Sugar

Parve



APPROVED - KLBD



SPRITE
Regular / Zero Sugar

Parve



APPROVED - KLBD



SCHWEPES
Ginger Ale / Bitter Lemon

Parve



APPROVED - KLBD



SCHWEPES
Soda Water / Tonic Water

Parve



APPROVED - KLBD



7 UP
Regular

Parve



APPROVED - KLBD



FANTA ORANGE
Regular / Zero Sugar

Parve



APPROVED



SPARKLING WATER
VARIOUS BRANDS


Parve

There are many Kosher alcoholic drinks available. Please find attached a partial list of them.

Always check the ingredients list before for mentions of grapes, added flavors or lactose.

Any drink containing grapes or made out of grapes needs a Kosher certification.

For more drinks please consult kosherlf.com/alcohol

CATEGORY	PRODUCT NAME
BEER	Approved: With no added flavors: HEINEKEN, AMSTEL, STELLA ARTOIS, CORONA Checked and approved: MYTHOS
GIN	Approved: All plain gin with no added flavor, not produced from grapes, whey or dairy elements. For example: GORDON'S LONDON DRY, TANQUERAY, HENDRICK'S, BOMBAY SHAPPHIRE DRY
LIQUOR	Approved: COINTREAU, DISARONO AMARETTO ORIGINALE, DRAMBUIE, MONIN TRIPLE SEC CURACAO
OUZO	Checked and approved: OUZO MINI (EPOM company - written in small letters in the back) OUZO 12 
RUM	Approved: Unflavored and not spiced. For example: BACARDI ANEJO RESERVA / CARTA BLANCA / CARTA ORO
TEQUILA	Approved: Unflavored with 100% agave. For example: JOSE CUERVO SILVER / YELLOW / BLANCO, PATRON ANEJO / REPOSADO / SILVER
TSIPOURO	Not Kosher (made of grapes)
VODKA	Approved: All plain vodka unflavored For example: ABSOLUT, SMIRNOFF, GREY GOOSE
WHISKY	Approved: Without mention of Sherry, Port, Madeira, Cognac, Dual cask finish or Double-matured For example: JOHNNIE WALKER: BLACK LABEL & RED LABEL, CHIVAS 12 YEARS OLD



CERTIFIED - KLBD



NEOCATE LCP
NUTRICIA

Found at selected pharmacies
Parve



CERTIFIED - KLBD



NEOCATE SYNEO
NUTRICIA

Found at selected pharmacies
Parve



CERTIFIED - KLBD



NEOCATE JUNIOR
NUTRICIA

Found at selected pharmacies
Parve

